



Updated February 15, 2023

The following changes to Ausome Ottawa's COVID-19 policies come into effect for all programs effective February 15, 2023.

Highlights:

- Masking is optional but encouraged in all programs.
- Proof of vaccination remains paused for all programs. However, host facilities may require children and their parent/caregiver to produce proof of vaccination in order to be eligible.

We understand these measures may still create challenges for some families. We want to hear from you. Please contact us at info@ausomeottawa.com to discuss potential accommodations and alternate programs.

Ausome Ottawa will continue to monitor local COVID-19 data, consult with public health agencies and update this policy as necessary to protect the health of our athletes, their families and our community. We are confident that if we all work together to follow these measures, our athletes and their families can continue to safely enjoy in-person Ausome programs.

Please read on for more detailed information on these measures.

Screening

Prior to the start of a program, parents/caregivers must sign a waiver in which they agree to, among other measures, not attend a session if either they or their child is or has recently experienced illness, including COVID-19 symptoms.

Masking

For the time being, masking is optional but encouraged at all programs by all attending, including athletes, caregivers, coaches, volunteers and staff. Ausome will have a small supply of extra masks on hand at programs.

Physical Distancing

Where possible, physical distancing will be encouraged and upheld, including in programs where athletes are paired with volunteers.



Sanitation and Hygiene Practices

Upon arrival at and prior to departure from programs, all athletes, caregivers, coaches, volunteers and staff are encouraged to sanitize their hands (hand sanitizer will be provided on-site).

All equipment that is used during a session will be disinfected before and after use. Any pens, clipboards, door handles and surfaces in common areas will be cleaned before, in between and after sessions.

Illness While Registered in a Program

If any participant (athlete, caregiver, coach, volunteer or staff) develops or shows signs of illness, including COVID-19 symptoms, **while at a program session**, they will be asked to leave. Similarly, if any participant develops COVID-19 or shows signs of illness **in between program sessions**, they must not attend subsequent sessions until after they are no longer testing positive and all symptoms have ended.

Privacy

No personal medical records shared with Ausome Ottawa will be retained.